



CHRIST
(DEEMED TO BE UNIVERSITY)
NODAL OFFICE, TRIVANDRUM

ONLINE WORKSHOP MUSIC THERAPY



Resource Person

Anju Vijayan

Masters in Medical Music Therapy (MSc. MMT), Masters in Social Work Post Graduate Diploma in Music Therapy.

Date & Time

From 25th July 2026 -
Saturday
06 PM - 08 PM

Paid Workshop

Register to attend

<https://forms.gle/5A95byo48WPFNQtdA>

20 Seats





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ANJU VIJAYAN

Anju Vijayan is a Medical Music Therapist and Social Worker with an MSc in Medical Music Therapy (ISCM, SBV) and an MSW (Rajagiri College, Kochi). Trained in Carnatic violin and vocals, she specializes in Trauma-Informed Music Therapy across medical departments and community settings. Anju has worked with NICU, OBGYN, Psychiatry, and geriatric care (HelpAge India) while conducting research on life skills and emotional healing through music.

WORKSHOP HIGHLIGHT

- Covers introduction, myths and misconceptions, and models of music therapy.
- Explores trauma-informed care and music therapy for adolescents emphasizing life skills development.
- Discusses innovations, emerging trends, and futuristic applications shaping the next phase of music therapy practice.

The 10-hour Music Therapy workshop covers introduction, myths, trauma-informed care, adolescent life skills, therapy models, and future innovations. The 10-hour workshop on Music Therapy covers introduction, myths, trauma-informed care, adolescent life skills, therapy models, and future innovations.

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